

Express Meals

What are express meals?

- Express meals are packaged to go for a quick and convenient option.
- There are two options per meal period (one is vegan), which include a hot entree, two sides, a side salad, dessert and a bottle of water.

How much do express meals cost?

- Each meal is \$8.99.
- Residents may use their unlimited meal plan for an express meal as long as they have waited the one-hour grace period between dining visits.

Where can I get an express meal?

- These meals are offered during peak meal periods at Cypress Bend Cafe, Jester City Market and Kin's Market.
- Visit our [hours page](#) for times by location where express meals are available.

How do I find out what the daily express meal options are?

- Check each express meal location to see the specials of the day.
- You may request to see a binder with full ingredient and allergen information.